



### August National Health Observances

- [Blood Cancer Awareness Month](#)
- [Childhood Cancer Awareness Month](#)
- [National Childhood Obesity Awareness Month](#)
- [National Head Lice Prevention Month](#)
- [National Recovery Month](#)
- [National Sickle Cell Month](#)
- [Ovarian Cancer Awareness Month](#)
- [Prostate Cancer Awareness Month](#)
- [Sepsis Awareness Month](#)
- [Sexual Health Awareness Month](#)
- [Sports Eye Safety Awareness Month](#)
- [World Alzheimer's Month](#)
- [World Suicide Prevention Day](#): September 10
- [National Celiac Disease Awareness Day](#): September 13
- [National HIV/AIDS and Aging Awareness Day](#): September 18
- [Get Ready for Flu Day](#): September 21
- [World Alzheimer's Day](#): September 21
- [World Lung Day](#): September 25
- [World Heart Day](#): September 29

*The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.*



### Upcoming Workshops

**Stewards of Children** - Join Children's Healthcare of Atlanta as Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

Children's Healthcare of Atlanta  
Office Park Learning Center  
1680 Tullie Circle NE  
Atlanta, GA 30329

**Contact:** Angie Boy- 404-785-5004

[cpctraining@choa.org](mailto:cpctraining@choa.org)

[On-Demand Child Sex Trafficking Trainings](#)

### Counseling & Social Services

#### September 6-12, 2021, is National Suicide Prevention Week

National Suicide Prevention Week is September 6-12, 2021, with World Suicide Prevention Day on September 10, 2021. This is a time to share resources and stories, as well as promote suicide prevention awareness. The week focuses on informing and engaging health professionals and the general public about suicide prevention and warning signs of suicide. The [National Suicide Prevention Lifeline](#) has resources to download and more about suicide prevention.



#### Student Stress Management

Stress is part of every teen's life but uncontrolled stress can lead to serious health problems. Scholastic and the National Institute on Drug Abuse created a lesson plan focused on stress management. The 60 to 90-minute lesson plan defines stress, provides tips to reduce stress, and tests student knowledge. The lesson plan is designed for grades 6-12. View [Scholastic's lesson plan](#) and download it for free.

## Healthy School Environment

### [Tips for Teaching Kids about Noise-induced Hearing Loss](#)

The National Institute of Health's (NIH) It's a Noisy Planet program released resources to help educate kids on healthy hearing habits. These healthy hearing habits can protect kids from hearing loss caused by loud noises. These resources include games and activities, posters and flyers, and other educational materials for kids and parents. [View NIH's resources on healthy hearing habits.](#)

### [Strategies to Improve Asthma Control](#)

The Centers for Disease Control and Prevention (CDC) released EXHALE, a national asthma control program. The program has six strategies to reduce asthma-related hospitalizations, emergency department visits, and healthcare costs. Using the EXHALE strategies together in a community can have the greatest impact. [Learn more about the EXHALE program from CDC.](#)

### Obesity Awareness

#### [Staying Active While Practicing Social Distancing](#)

#### [CDC School Health Guidelines for Healthy Eating and Physical Activity](#)

### Flu Prevention

#### [Education and Prevention Messages for Schools, Child Care, and Parents](#)

## Upcoming Events/ Trainings

### [Georgia Conference on Child Abuse and Neglect: Sept. 15 and 16](#)

[Learn more and register](#) today. Continuing education credit will be available for nurses, social workers, licensed professional counselors, law enforcement and EMS professionals.

### [Expansion for Nursing Services](#)

Beginning October 1, 2021, DCH will reimburse LEAs for medically necessary nursing services provided to Medicaid eligible children with an IEP, as well as Medicaid eligible children without an IEP. To ensure LEAs learn more about program requirements for the Free Care Nursing Services Expansion, a webinar session will be held on September 23, 2021. To attend the live, webinar session, please use the link below to register by September 10, 2021.

Webinar Registration Link:

<https://form.jotform.com/212145255492150>

Please send all questions to

[ciss.schoolnursingservices@dch.ga.gov](mailto:ciss.schoolnursingservices@dch.ga.gov)

## School Health Services

### [Children's Eye Health and Safety Month](#)

August is Children's Eye Health and Safety Month. The awareness month is dedicated to highlighting the importance of protecting children's vision. Use these [kid-friendly resources](#) from the National Eye Institute to help children learn about eye health. Also visit [MyHealthfinder](#) to encourage parents to get their kids' vision checked.

### [Understand the Importance of Health Literacy](#)

Health literacy skills start early in life and are important to live a healthy life. The Centers for Disease Control and Prevention (CDC) has a resource list to help educators recognize and address children's health information and communication needs. Learn more and [view CDC's health literacy resources.](#)

### [School Nurse-Led Case Management Manual](#)

The National Association of School Nurses released a free manual for school nurse-led case management (SNLCM). The manual describes SNLCM and its benefits for students. [View the manual from NASN.](#)

## Nutrition Services

### [Georgia Crunch 4 Lunch on Friday,](#)

[September 24, 2021](#): Join the GA DOE's School Nutrition Program in a celebration of Georgia apples. Georgia's Crunch 4 Lunch is a statewide celebration of apples in school meals. All Georgians are encouraged to "crunch" into a locally grown apple at 12:00 noon on Friday, September 24, 2021. This collective crunch encourages healthy eating and supports farm to school initiatives throughout Georgia. Share the details with students and families [2021GAAppleCrunch4Lunch.pdf \(gadoe.org\)](#) and make sure to post your apple photos and videos with the hashtags #GACrunch4Lunch, #FuelingGA, and #GeorgiaGrown.

### [Celebrate Apples in September](#)

September is apple season in Georgia! Apples come in all shades of red, green, and yellow, and these delicious fall fruits are excellent sources of fiber and rich in vitamin C. Bake, cook, slice, or enjoy apples fresh from the tree all month long.

### [FARE's Back to School Checklist](#)

Food Allergy Research and Education (FARE) released a food allergy checklist for parents seeking food allergy accommodations. [View FARE's food allergy checklist.](#)

## Employee Wellness

### Learn About Extreme Heat and Employee Safety

Did you know that heat kills more than 600 people in the United States each year? Preventing heat-related illnesses is important of everyone. The National Institute for Occupational Safety and Health has information for employers to use to keep employees safe while working in the heat. [View the Centers for Disease Control and Prevention's heat-related illness information.](#)




## Fueling Georgia's Future

### September Harvest of the Month

# APPLES

#### Georgia Grown Resources

**Classroom Resources:** Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p><b>JULY</b> Peaches</p> 	<p><b>AUGUST</b> Watermelon</p> 	<p><b>SEPTEMBER</b> Apples</p> 
<p><b>OCTOBER</b> Zucchini</p> 	<p><b>NOVEMBER</b> Sweet Potatoes</p> 	<p><b>DECEMBER</b> Lettuce</p> 
<p><b>JANUARY</b> Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p><b>FEBRUARY</b> Cabbage</p> 	<p><b>MARCH</b> Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p><b>APRIL</b> Strawberries</p> 	<p><b>MAY</b> Blueberries</p> 	<p><b>JUNE</b> Tomatoes</p> 

## Funding Opportunities

### Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

### Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

### Firehouse Subs Public Safety Foundation AED Grants

- Portal reopens January 1, 2021

[Click here to learn more.](#)

### Apply for a Grant to Improve Your Community

If you have a plan for helping your community but need some money to get started, Walmart may be able to help. Walmart's Local Community Grant Program awards grants to eligible kindergarten-through-12th grade public, private or charter schools. Proposed projects could be a soup kitchen, food pantry, clothing closet or other activities that benefit the community at large. The deadline to apply is December 31, 2021. Visit the [Local Community Grant Program](#) for a complete list of eligibility requirements and areas of funding.

### NASN Research Grants

Purpose: To encourage and support research regarding school nursing and health of school aged children.

To advance and fund quality school nursing practice and school-affiliated delivery of healthcare.

### Program Donates Equipment & Apparel for Sports

Does your school need help getting sports equipment and apparel? If it does, [apply for a donation from Good Sports](#). The application process will open in January. If selected, your school will gain access to the Good Sports catalog for available inventory. Schools must serve young people between ages 3-18 years old. More than half of the student body must be eligible for free or reduced lunches.

## Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

Resources obtained from the [National Association of School Nurses Website](#)



## School Health Resources

### Department of Public Health– School Health Program

The GA Department of Public Health provides leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting. For more information contact:

Elin Brumbaugh RN, BSN- Deputy Chief Nurse for School Health  
[Elin.Brumbaugh@dph.ga.gov](mailto:Elin.Brumbaugh@dph.ga.gov)



### Children's Healthcare of Atlanta – School Health Program

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#) . CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email [schoolhealth@choa.org](mailto:schoolhealth@choa.org)  
 Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

## CHOA Events and Trainings

[Diabetes Caregiver Class– Virtual by WebEx](#)  
 Tuesday, September 14 from 8:30 a.m.-1:00 p.m.

[Diabetes Caregiver Class](#)  
 Tuesday, October 26 from 8:30 a.m.-1:00 p.m.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Please use the QR Code below to sign up for the *Georgia Student Wellness Educating the Whole Child Newsletter*

